

## January Newsletter 2

Dear Parents,

For the past couple of weeks our preschool has been focusing on learning all about nutrition, planting, brachot (blessings), and the different sections of the food pyramid.

Science/Cooking: Our preschool has learned all about what plants need in order to grow. We learned that plants need soil, water, sun, and seeds. We had a visual discovery table displaying the process of planting. Every day the children watered their plants and we are graphing them as they grow. We have also learned all about fruits and vegetables. We learned where they grow from and what blessings we make on them. For the bracha (blessing), we displayed the different vegetable on a table and the children observed each one. They were able to differentiate between them based on their shape, color, and texture. We planted our vegetable garden outside of the classroom. The children also cut up vegetables to make soup for lunch, and it was yummy!

**Math:** We learned all about patterns and the children come up with their own art patterns. We will continue creating more challenging patterns throughout the year. We also have been focusing on numerical awareness, where we count and match the amount of items we have to the number.

**Art:** The children painted their flower pots and also did vegetable paintings using real vegetables to make the impressions-you can see them hanging on our bulletin board. The children learned all about liquids and solids by putting food coloring in water cups and freezing them overnight. The next day we took them out of the freezer and drew 'ice art' as a form of water coloring.

**English Literature:** The children learned the letters 'I' and 'J'. We practiced these letters by forming them with items such as Lincoln Logs, blocks, and beads. We also practiced writing the letters by making a graph and discussed many different words that begin with 'I' and 'J'.

**Hebrew Literature:** We learned the letter 'Kaf', 'Chof', and 'Final Chof'. We cut out strips of paper and shaped all the letters. We also had a hunt with all three letters. We then formed each letter on chart paper using chocolate chips! We sorted all the letters from our hunt and pasted them in the correct category on the chart. Looking forward to next week!

Shabbat Shalom,

Morah Sarah Chanah & Morah Chanie









